



# Confessions of a Technophobe

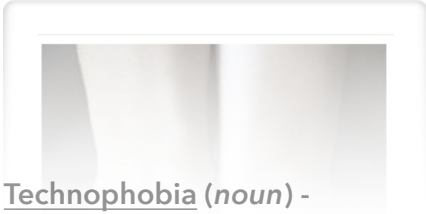
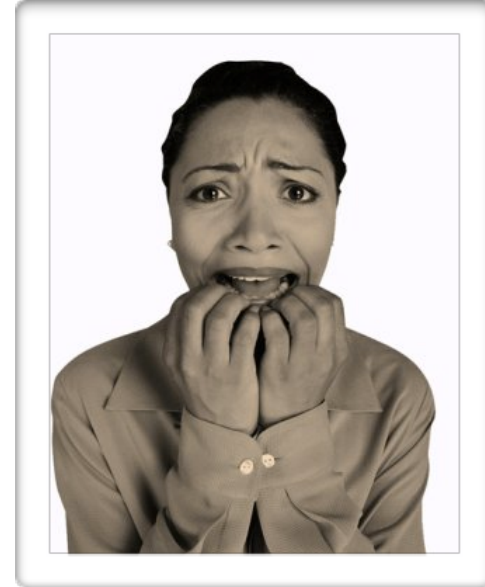
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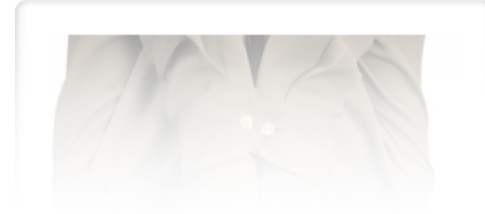
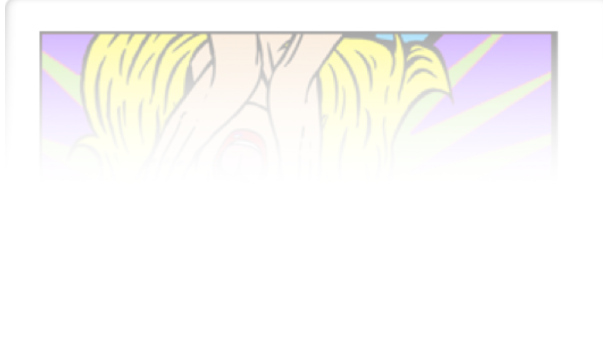
Yes, we still exist.

## **What's Inside:**

- About Me
- What I Learned
- Overcoming Technophobia



**Technophobia** (*noun*) -  
abnormal fear of or anxiety  
about the effects of  
advanced technology.



I have to admit that registering for this class was a bit of a stressful decision because I label myself as a *technophobe*.

No worries, this isn't anything serious. You don't have to expect any panic attacks coming from the back of the room, this simply means that too much technology gives me a lot of stress and I (secretly) experience anxiety if I have to work with a medium I'm not used to.

Aside from Facebook, Tumblr, and a little bit of Tweets here and there, I tend to stay away from technology. I only have an iPhone because it came with a free upgrade.

With that being said, I was excited, yet anxious, for this class at the beginning of the semester. If I can conquer this class as a technophobe, so can the rest of the technophobes of the world!

By taking this class I actually successfully challenged myself to keep up with it, and learn a few things here and there.

Here is my story...



## Rule Number One: People Take This Seriously.

The first thing that I learned in taking this class was that people, especially our generation, take blogging very seriously. In fact, some people even make this a way of living, meaning that they are able to make money from it.

I've also learned that it's not just blogging, but people also take this seriously as a means of publishing, whether it be in the form of print or video.

The article we read about Bustle comes to mind when I mention this. Before reading the article, I had no idea that this field can actually be competitive and also be considered as a dream job to some aspirers.

This has opened my eyes to digital media and is making me reconsider my old-school "paper is always better" approach. The times are changing and why not change with it? Digital media has so much to offer from hit video sharing sites such as YouTube and Hulu, and a slew of available information thanks to all of the bloggers around the world.



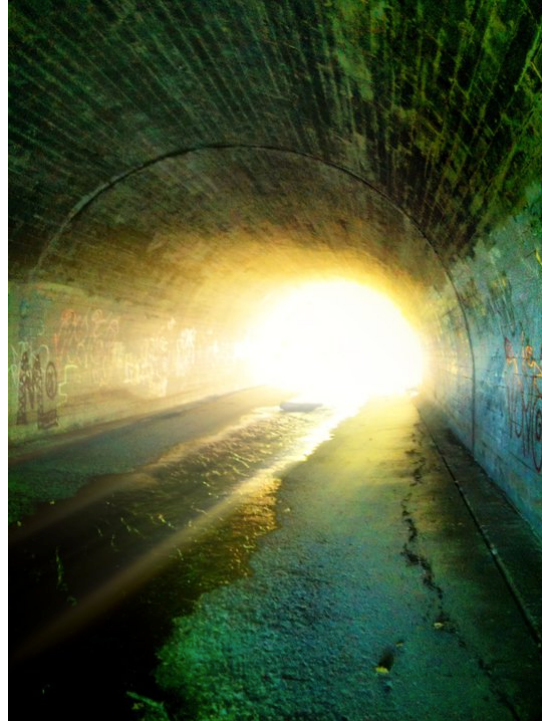
**Famous blogger Yagazie Emazi**

Now at the end of this class, I am now seeing the end of the tunnel when it comes to technophobia. This class (and our wonderful professor!!) showed me that blogging and digital media aren't so intimidating after all and that there was nothing to fear.

I would have to say that the crowdsourcing article is the one that touched me the most. I both love and loathe the way crowdsourcing is impacting the world.

I love that in this day of age so many people have an impact on the events of today. A small amount of people no longer control so much of the world's potential thank to crowdsourcing.

However, I also dislike crowdsourcing because it is taking various opportunities from those who refuse to acknowledge the changes they face. It's horrible to read that people are being skimped out of a job. It goes to show you that it really is a tough world that preys on the weak.



So what's next for a technophobe? I actually fell in love with blogging! Before this class the only blog I had was Tumblr, which I don't classify as a blog, actually.

At least my personal account. I use Tumblr as a space to get out random thoughts, look up recipes, reblog pictures of beautiful people; I really don't use it for a blog's purpose!

I am thinking about keeping up with my personal blog of this class. I am pretty sure that no one will read it, but I want to use it to track my own process of becoming a raw foodist. It would be a blog for myself primarily, and if

others would like to follow my journey they are more than welcome!

This class has changed my feelings towards digital media in a positive way, instead of running from technology and new media, I will embrace it all with open arms.

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• **The Next Step...** •  
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• **Overcoming Technophobia** •  
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